

PEACE PAMPHLET

“Peace I leave with you, My peace I give to you; not as the world gives do I give to you. Let not your heart be troubled, neither let it be afraid” (John 14:27).

Is your heart troubled or afraid? Peace is possible—not only possible, but Jesus tells His disciples that His peace isn’t something we need to work for or achieve. Like salvation, peace is a gift we can simply receive. This week introduce your fears to the peace that Jesus offers. When you do, you’ll find rest for your troubled heart.

SUN

Reflect on the weekend teaching.
Review the outline or your notes.

MON

Tell God that you want the peace that He offers and thank Him for it.

TUE

Surrender to God the things in your life that make you feel troubled or afraid.

WED

Take a break from news or social media for a day, a week, or this month.

THUR

Read Psalm 42 out loud. Meditate on verses 5, 8, and 11.

FRI

Set your mobile phone aside one hour before you go to bed.

SAT

Ask God to help you eliminate things in your life that rob you of peace.

Follow @calvaryabq for more on peace.

